

Q-FITNESS

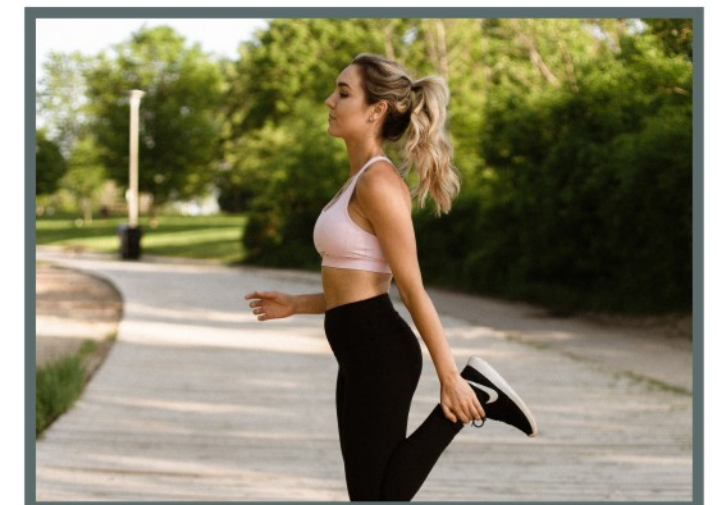
Many organizations like park and recreation districts, city councils, Landscape Architects, are looking for ways to create multi-generational outdoor spaces. Space that provides activity and entertainment for a broad spectrum of users in an outdoor environment so that individuals can get away from technology and reconnect with our natural surroundings.



Q-Fitness takes outdoor-based physical fitness far beyond the old fashioned pull-up and sit-up stations that haunt our parks and green spaces. Q-Fitness is a response to what adults are seeking to live a healthy lifestyle. Thirty-Three ultra-durable, multi-user stations offer designers a wide range of activities to meet the needs of your community. Stations can be configured in groups or strung out along a trail to provide a challenging and rewarding experience.

Q-Fitness stations are expertly crafted to be low-maintenance with 5.0" OD galvanized steel supports which are, along with all of the steel handrails, barriers, gates, and climbers, coated with a baked-on polyester powder coat finish for a lifetime of protection against the elements.

The HDPE sheet plastic platforms and activities are specifically manufactured at the factory for high-quality control and not purchased from a supplier.





Fit Core FT-1601

Age Group: 13-65
Capacity: 8~12
Use Zone: 34'-0"×18'-0"



FS-0012



FS-0037



FS-0015



FS-0022



FS-0008

NUMBER OF STATIONS: 5

Core + Fitness Group FT-1602

Age Group: 13-65
Capacity: 13~16
Use Zone: 36'-0"×27'-0"



FS-0003



FS-0021



FS-0014



FS-0015



FS-0022

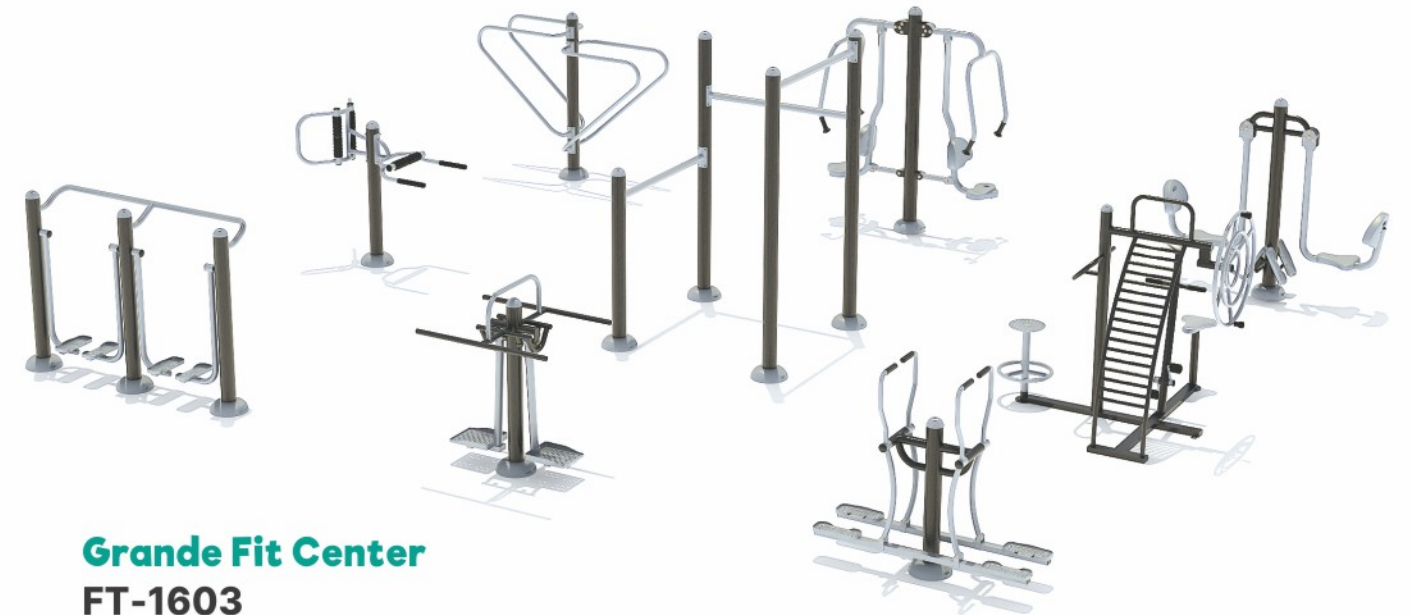


FS-0024



FS-0004

NUMBER OF STATIONS: 7



Grande Fit Center FT-1603

Age Group: 13-65
Capacity: 17~20
Use Zone: 38'-0"×29'-0"



FS-0038



FS-0013



FS-0010



FS-0031



FS-0015



FS-0019



FS-0006



FS-0001



FS-0017

NUMBER OF STATIONS: 9



Double Chest Press
FS-0001

Use Zone: 12'-2"×9'-1"



Double Leg Press
FS-0006

Use Zone: 12'-11"×7'-11"



Double Sit-up Bench
FS-0024

Use Zone: 10'-6"×10'-5"



Multi Gym
FS-0031

Use Zone: 12'-11"×12'-3"



Single Rower
FS-0023

Use Zone: 11'-1"×9'-3"



Double Back Massage
FS-0019

Use Zone: 7'-8"×5'-11"



Double Pendulum Swing
FS-0013

Use Zone: 10'-3"×9'-6"



Sport Board
FS-0012

Use Zone: 10'-11"×9'-7"



Double Dip Station
FS-0017

Use Zone: 9'-5"×5'-2"



Triple Horizontal Bar
FS-0015

Use Zone: 8'-11"×8'-11"



Double Sky Runner
FS-0010

Use Zone: 13'-9"×8'-4"



Double Glider
FS-0038

Use Zone: 11'-9"×8'-4"



Double Lat Pull Down
FS-0022

Use Zone: 14'-4"×9'-5"



Single Sky Runner
FS-0008

Use Zone: 10'-7"×8'-6"



Single Fit Rider
FS-0011

Use Zone: 9'-9"×8'-7"



Single Glider
FS-0037
Use Zone: 9'-8"×8'-4"



Triple Body Twister
FS-0014
Use Zone: 12'-1"×12'-1"



Stretching Wheel
FS-0004
Use Zone: 9'-6"×8'-7"



Dip Station and Abs
FS-0041
Use Zone: 12'-2"×10'-10"



Single Sit-up Bench
FS-0043
Use Zone: 9'-2"×5'-1"



Step Up
FS-0044
Use Zone: 9'-9"×7'-6"



Triple Chin-up
FS-0003
Use Zone: 9'-3"×8'-7"



Double Shoulder Rotator
FS-0002
Use Zone: 10'-0"×10'-0"



Hamstring Stretch
FS-0009
Use Zone: 6'-4"×5'-11"



Push-up Station
FS-0042
Use Zone: 14'-9"×8'-10"



Accessible Chest Press & Lat Pull Down
FS-0045
Use Zone: 12'-9"×9'-4"



Accessible Arm Swinger & Arm Strength Trainer
FS-0046
Use Zone: 10'-4"×8'-7"



Double Waist and Back Stretch
FS-0021
Use Zone: 7'-11"×5'-4"



Tai-Chi Wheel
FS-0005
Use Zone: 10'-3"×10'-5"



Single Ski Runner
FS-0007
Use Zone: 10'-4"×8'-6"



Accessible Vertical Press & Arm Trainer
FS-0049
Use Zone: 9'-7"×8'-4"



Accessible Stretching Wheel & Shoulder Rotator
FS-0048
Use Zone: 9'-10"×9'-5"



Accessible Hand Cycle & Foot Cycle
FS-0047
Use Zone: 10'-10"×8'-10"